

# Calm the Storm™

## A CONCENTRATED OMEGA-3 SOFTGEL

Soothe and balance your skin with Calm the Storm™, a powerful, highly-concentrated omega-3 fatty acids formula.\* Omega-3s are a type of fat that help keep your skin hydrated, support normal healing processes, and promote healthy inflammatory responses, all of which are important for radiant-looking skin.\* Omega-3s may also help protect the skin from external environmental stressors and support normal oil production in the skin, which may support those with occasional blemishes.\* Since our bodies can't make omega-3s on their own, Calm the Storm™ is ideal for giving your skin the long-term support it needs with enhanced bioavailability and absorption.\*



OP0060-DFB | 60 softgels



### Recommended Use

Take 2 softgels per day with meals or as directed by your health-care practitioner.

**Warning:** Consult your health-care practitioner before use if you are taking blood thinner medication or if you are planning to have surgery.

## BENEFITS\*

- 1 HELPS PROMOTE RADIANT, HEALTHY-LOOKING SKIN
- 2 HELPS SUPPORT SKIN AND SCALP HYDRATION
- 3 PROMOTES HEALTHY INFLAMMATORY RESPONSES
- 4 SUPPORTS NORMAL HEALING PROCESSES
- 5 MAY HELP PREVENT AGE-RELATED SKIN CHANGES ASSOCIATED WITH ENVIRONMENTAL FACTORS

## Supplement Facts

Serving Size 2 softgels  
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Total Fat	2.5 g	3%*
Cholesterol	10 mg	3%
Protein	<1g	
Omega-3 Fatty Acids (from fish oil)		
EPA (Eicosapentaenoic Acid)	800 mg	**
DHA (Docosahexaenoic Acid)	800 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

## JUST THE FACTS

- **Omega-3 fatty acids** – Contains two types of omega-3s (EPA and DHA) in a balanced 1-to-1 ratio, similar to how they are naturally found in seafood. This promotes proper absorption of both types.\* Each 2-softgel serving provides 1,600 mg of beneficial omega-3s.\*
- **Lipase** – A digestive enzyme that makes it easier for your body to digest and absorb the fish oils for skin health.\* Plus, it helps avoid the fishy aftertaste.\*
- **DeltaGold® tocotrienols** – Features a beneficial form of vitamin E, which promotes stability and helps maintain quality over time.\*
- **Contains fish** (anchovy, sardine, mackerel) — Sustainably sourced from wild-caught anchovy, sardine, and mackerel fish from Peru and Chile.
- Uniquely combines three different forms of fish oils for improved bioavailability.\*
- Calm the Storm™ undergoes molecular distillation and filtration, ensuring it's pure and free from metals, pesticides, PCBs, and other contaminants.

Consult with your health-care practitioner about your specific circumstances and any questions you may have regarding this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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